



Chinmaya Mission San Diego

presents

Discourses on Bhagawan Ramana Maharshi's

Upadesa Saram

by

Swami Ishwarananda

Acharya, Chinmaya Mission Los Angeles

There is only One Reality and that Reality is the Self, of the nature of Existence, Consciousness and Bliss Absolute.

Bhagawan Ramana Maharshi has, in this small work of his, propounded the various paths to the ultimate reality of non-dual Self. He refers to the various paths to liberation, grading them in order of efficiency and excellence, and showing that the best is Self-enquiry.



Swami Ishwarananda is a disciple of *Swami Chinmayananda*. He was pursuing the career of a software professional when he first met *Swami Chinmayananda*. Due to the inspiration he derived from the writings and lectures of *Swami Chinmayananda* he relinquished his profession and joined *Sandeepany Sadhanalaya, Mumbai* in 1991 to pursue the study of *Vedanta*.

He was appointed as *Acharya* of *Chinmaya Mission Los Angeles* in 1995 and he conducted many seminars, discourses and retreat camps for 6 years. From 2002 for two years he served as the main *Acharya* of *Sandeepany Sadhanalaya* in *Mumbai* and taught the twelfth *Vedanta* Course for a batch of forty three students. Presently he continues to serve as the *Acharya* of *Chinmaya Mission Los Angeles*.

He has authored two books - *Conscious Living* and *Silent Search* - which appeal to youth and adult alike to pursue spiritual life.

Date: Sunday, February 21, 2010 ----- Time: 6:00 PM - 7:30 PM

Date: Monday, February 22 thru' Friday, February 26, 2010 Time: 7:00 PM - 8:30 PM

Date: Saturday, February 27, 2010 ----- Time: 6:00 PM - 7:30 PM

**Lawrence Family Jewish Community Center
4126 Executive Drive , La Jolla, CA 92037**

Please arrive and be seated ten minutes before the discourse begins.

For further information, please call **Lakshmi Sukumar** at 858-549-2908 or **Ganesh Bhat** at 858-676-0243
www.omcmsd.org sandiego@chinmayamission.org

Admission Free

CMSD Copyright © 2009