



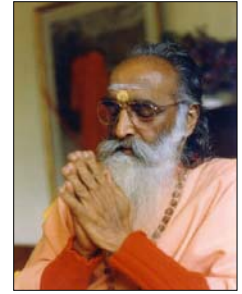
Chinmaya Mission San Diego

presents

Karma Yoga

by

Sri Gaurangbhai Nanavaty
Acharya, Chinmaya Mission Houston



No living creature endowed with intelligence and mind can ever remain even for a moment of wakeful conscious existence without doing some work or the other. Instinctively, in our inborn ignorance, we act motivated by our ego and egocentric desires.

The third chapter of the *Bhagavad Gita* gives the technique of self-development through the Path of Right action. *Lord Krishna* gives the sanction in His divine declaration that any action can be a glorious sacrifice if only it is undertaken with the required purity of motive, spirit of surrender and emotion of love. A pure and steady mind alone can apply itself successfully on the Path of Self-inquiry and come to rediscover the Self, the Divine Soul.

Acharya Gaurang Nanavaty, *acharya* of Chinmaya Mission Houston (CMH), was inspired to study *Vedanta* after attending *satsangs* and spiritual camps conducted by *Pujya Gurudev Swami Chinmayananda*. In 1979 *Gaurangji*, along with his wife *Darshanaji*, joined 'Sandeepany West', Chinmaya Mission West's school of *Vedanta* in Piercy, California, and immersed themselves in the study of the scriptures.

Inspired by *Pujya Gurudev*, the *Nanavaty*s embarked upon a life dedicated to spreading spiritual knowledge after completing their *Vedantic* studies in 1982. Under their able and compassionate guidance, CMH was born as a study group in 1982 of only four families, and has evolved into the present center with over 700 members. CMH continues to grow and flourish because of the *acharyas'* dedication, leadership, enthusiasm, and zeal.

Gaurangji devotes his time and energy to conducting *satsangs* and adult study groups, and organizing and managing CMH activities. Additionally, he gives discourses at various CM centers and local organizations. He has conducted spiritual camps in the US and India. *Gaurangji* understands the challenges faced by householders and aptly guides devotees on the spiritual path. His discourses, based on a deep understanding of *Vedanta*, are illustrated with amusing and insightful anecdotes.



Dates & Time:

Friday. April 2, 2010 at 7:00 PM - 8:30 PM

Saturday. April 3, 2010 at 9:00 AM -10:30 AM, 11:00 AM-12:30 PM & 6:00 PM-7:30 PM

Sunday. April 4, 2010 at 9:00 AM -11:00 AM

Please arrive and be seated ten minutes before the discourse begins.

**Venue: Jewish Community Center, 4126, Executive Drive (at the intersection of Genesee Avenue)
La Jolla, CA 92037.**

For further information, please call **Lakshmi Sukumar** at 858-549-2908 or **Venu Babla** at 858-337-9703 or visit www.omcmsd.org

Admission Free.

All are Welcome.